



Longtime Parelli Mastery Student to Carry Olympic Torch
Canadian Lauren Barwick represents hometown on day 102 of the Olympic Torch Relay

Pagosa Springs, CO (February 4, 2010) – Parelli™ Natural Horsemanship, the world leader in natural horsemanship, announced today that Lauren Barwick will represent her hometown of Langley, BC Canada, as she carries the Olympic Torch to the Langley Events Center on Monday, Feb. 8th. Parelli's Barwick was chosen from a talented pool of candidates by the town's Torch Relay Committee and approved by the Township of Langley Council and Vancouver Organizing Committee for the 2010 Olympic and Paralympic Winter Games (VANOC).

Carrying the Olympic Torch is a special experience for Barwick on many levels. She is representing her hometown, her mentors and horse fans across the world. "I want to inspire and motivate people to achieve their dreams no matter what obstacles you have to overcome," says Barwick.

In June 2000, Barwick was involved in an accident while working on a ranch that left her paralyzed from the waist down. After less than nine weeks of rehabilitation, with support from family and friends and a pure love of riding, Barwick began her career of competitive riding.

She moved to Colorado and Florida to study the Parelli method of natural horsemanship and apply it to her discipline of Dressage. Barwick has since won a gold and silver medal with her horse Maile at the 2008 Beijing Summer Olympics, has qualified for the 2010 World Equestrian Games and is preparing for the 2012 Olympic Games in London. She will also accept Equine Canada's Inaugural President's Award Montreal, QC, Saturday, Feb. 6th, for her dedication to the equine industry.

"Meeting Pat and learning his method transformed me; I became more emotionally and mentally fit," says Barwick. "I realized there was so much to learn, about myself and my relationship with my horse. When I started studying Parelli everything just clicked."

Barwick is currently one of Pat Parelli's protégés at his Natural Horsemanship International Study Center in Florida.

"I remember meeting Lauren and thinking this girl can accomplish anything she puts her mind to," says Pat Parelli, founder of Parelli Natural Horsemanship, a training method that focuses on the relationship between horse and human. "She truly embodies what the Parelli method stands for, inspiration, empowerment and making the world a better place for horses and humans."

For more information, photos from Monday's event or to schedule an interview with Lauren Barwick, please contact Brooks Helms at bhelms@fwv-us.com or 404-583-1409.

About Parelli

The Parelli Program, founded in 1981 by lifelong horseman and teacher Pat Parelli, combines common sense psychology and communication techniques and philosophies for a better horse and human training method. The Parelli method allows horse lovers at all levels to achieve success without force, partnership without dominance, teamwork without fear, willingness without intimidation and harmony without coercion. Linda and Pat Parelli are on a mission to make the world a better place for horses and humans, working to inspire, empower and educate through natural horsemanship. Their award-winning Parelli Natural Horsemanship TV series can be seen on cable and satellite on RFD-TV on Wednesdays at 10:00 p.m. EST. To learn more about Parelli, please visit www.parelli.com.

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